

Darja Reznikova Curriculum Vitae

FOUNDER - ARTISTIC DIRECTOR - CHOREOGRAPHER - RESEARCHER - CONTEMPORARY DANCE TUTOR

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EXPERIENCE

- Since 2015 **Founder and Artistic Director at SoBo Productions**
- A contemporary dance production company
 - Productions include: XE [zi:] (2022), I AM...(2020), Schaulust (2020), In My Room (2020), Zuckerwatte (2018), nebel (2017), Blue Lady (2016), Co- (2015)
- Since 2011 **Choreographer, Rehearsal Director and Workshop Leader**
- Commissions: London Fashion Week, Move It London, Youth Companies across UK, Bird College of Performing Arts, Morea Performing Arts, Dance Professional Mannheim, Theater Felina Areal (Mannheim)
 - Rehearsal Direction and Company Class: Transitions Dance Company, Joss Arnott Dance, Bird College of Performing Arts
 - Workshops: Repertoire with various companies across UK, Sound Body Workshops
- Since 2010 **Contemporary Dance Tutor** (Release Technique)
- Dance Professional Mannheim (Berufskolleg)
Bird College of Performing Arts, London (FE and HE)
Morea Performing Arts, UK (FE)
- Since 2010 **Academic Tutor and Lecturer** (BA Level)
- Lecturing: Bartenieff Fundamentals, Laban Movement Analysis, The Dance Medium, Dance Writing, Communication, Interpretation and Art Appreciation
 - Tutoring: Independent Projects (3rd year Dissertations and Choreographic works; 1st and 2nd Marker for all written assignments)
- Bird College of Performing Arts, London, UK
Dance Professional Mannheim
- 2009-2014 **Dance and Theatre Artist**
- Sidi Larbi Cherkaoui, Joe Wright (Anna Karenina), Any Ngoc Ngyen (Random Dance Company), Colin Poole, Angela Woodhouse, Cameron McMillan (Bonachela and Rambert Dance Company), Lucy Cash, TJ Lowe (Hofesh Shechter, Akram Khan), Lisa Rowly (Tavaziva Dance Company), Fleur Darkin, Charles Linehan, Marc Bruce, Transitions Dance Company, Joss Arnott Dance, The London Ballet Company, H2 Dance, Appetite Dance, The Maxwell Dance Project, Sweet Charity, West Side Story, Chicago

EDUCATION

- 2010 **MA Dance Performance / Transitions Dance Company** (Distinction)
Trinity Laban Conservatoire for Music and Dance, London, UK
- Thesis titled: The Holy Dancer - An Investigation into an organic Integration of Thought, Movement and the use of Voice
- Choreographic work titled: Roots/Routes (solo work exploring the notion of integrative voice and movement practice)
- 2009 **BA (Hons) Degree Dance and Theatre Performance**
Bird College Conservatoire for Theatre and Dance, Greater London, UK
- Thesis titled: The Self - An Investigation into Authenticity in Acting
- Choreographic work titled: *Karthago* (a devised physical theatre work exploring the notion of authenticity through acting inspired by Grotowski's Poor Theatre and T.S. Eliot's The Waste Land)
- 2001 **Dance Scholarship**
Academy of Performing Arts, San Diego/Ca, US
- 1993-1998 **Pre-vocational Training**
Akademie des Tanzes, Mannheim, Germany

CERTIFICATIONS

- 2016 **Postgraduate Certificate in Learning and Teaching in Higher Education: Theatre and Performing Arts (PGCLTHE)**, Rose Bruford College of Theatre and Performance, London, UK
- Action Research titled: Sound Body - Interdisciplinarity Towards an Empowered Body of Knowledge
- 2015 **Reiki practitioner Level I + II**

PUBLICATIONS

'Interdisciplinarity - Using Self-Feedback to Enhance Integrative and Conscious Practice' in **Clegg K. and Bryan C. (2019) Innovative Assessment in HE: A Handbook for Academic Practice**

CONTINUING PROFESSIONAL DEVELOPMENT

- 2015 **Using Laban's Movement Analysis for Teaching Dance** with Michael Platt, Trinity Laban, London
Teaching Dance in Primary School: A Creative Approach with Kit Smith, Trinity Laban, London
- 2014 **Movement Awareness** with Karine Rathle, UK
Class Planning, Aims and Learning Outcomes with Luisa Figuerola, UK
- 2013 **Healing Voice Overtone Chanting** with Jill Purce, London
Be Your Voice workshop with Brigitte Deneck, London
Equality and Diversity, UK
- 2012 **Free you Body, Free your Voice workshop** with Margret Pikes and Neil Paris, (Roy Hart Theatre and SMITH dance theatre), London
Feldenkrais with Andrew Dawson, London
Voice and Body in Motion (5 Rhythms) with Tim Broughton and Hannah-Rose Tristam, London
Safe Guarding course, Bexley, UK
KLEIN Technique with Susan Klein, London
- 2011 **Dyslexia Course**, Bird College, Sidcup/Kent, UK
Laban Movement Analysis with Melanie Clark, Trinity Laban, London
Vocal Dance Introductory Workshop with Patricia Bardi, Amsterdam
- 2009 **Hofesh Shechter** Company Intensive, London
Grotowski's Poor Theatre with Gardzienice Theatre Company, London

AWARDS

- 2009 **Doreen Bird Foundation Award for Further Development**, 2009

LANGUAGES

English, German, Russian (mother tongue)

INTERESTS

Somatic practices (Feldenkrais, Alexander, Klein, Body Mind Centering, Authentic Movement, 5 Rhythms), Hot Yoga, Chanting, Meditation, Spirituality, Personal Growth, Psychic Studies, Sound Therapy, Alternative Healing Methods